

Student Nurse Classes

These classes have been designed to support nurses across Suffolk, to enable the individual nurse to be more confident in their practice. These two hour sessions aim to support the wider practice and knowledge needed for the modern professional nurse.

Classes of two hours will cost student nurses £5 per person and non-student nurses £15 per person, and will run from 4.00 – 6.00pm (twilight) on Wednesday dates and subjects below:

Wednesday 14 February, Holistic assessment overview (the value of MDT)

Wednesday 28 February, Session 1, basic anatomy (the structure of the body parts and their relationship to each other)

Wednesday 14 March, Five principles of end of life care

Wednesday 28 March, Session 2, basic physiology (functions of the body parts)

Wednesday 11 April, Understanding how to work in end of life care

Wednesday 25 April, Session 3, regional anatomy (all structures in particular regions)

Wednesday 9 May, Documentation

Wednesday 30 May, Session 4, how systems work (nervous; cardiac; circulation, respiratory and muscular)

Wednesday 13 June, Providing support to manage pain and discomfort

Wednesday 11 July, Dementia

Wednesday 12 September, Mouth care

Wednesday 10 October, 'my care wishes' – allowing time for people to express feelings, wishes and preferences at end of life

Wednesday 14 November, Care after death

Wednesday 12 December, Understanding grief and loss and supporting people following bereavement

Places are limited and will be allocated on a first come, first served basis. Please email to book your place education@stelizabethhospice.org.uk